

Chief Notes: ICU Resident Guidelines (6/09)

- ICU team consists of 1st and 3rd year residents for the entire 4 week block and an ICU attending. The ICU attending will be different on a weekly basis.
- The ICU is a "closed" unit meaning there is a specific ICU attending that is primary on the ICU cases. However, the surgery patients are also covered by the surgery attendings in most circumstances. This should be clarified at the time of ICU admission. Regardless of the primary attending, all surgeons should be updated with any changes occurring with their patients.
- Arrive to ICU at 6 AM on weekdays and 7AM on weekends to begin pre-rounds and to receive sign out from the night float resident.
- Formal rounding with the attending begins at 9 am unless otherwise specified by the attending. This generally includes weekends but may be modified depending on the attending.
- Each resident follows their own assigned patients and presents them at rounds. The 3rd year resident (chief of service) will make the assignments and is responsible for having a working knowledge of all the ICU patients.
- Pre-rounding consists of collecting data, formulating a problem list and plan. The general outline which you will present and document as a progress note is as follows. 1) Overnight events/complaints 2) vital signs, Is and Os including any drain output 3) Vent settings/O2 sat/ABG 4) physical exam 5) Radiographic data/Labs 6) Assessment/Plan by organ system
- Keep track of how long trachs, lines, ET tubes, drains are in place and # days patients are on antibiotics. This should be in your note everyday.
- Ventilated patients usually need daily ABGs and CXRs
- During the week both residents are assigned in the ICU until 1 pm when 1 resident will be scheduled for FCC. The attending is available at all times for questions, discussions, and back-up.
- Weekend rounding consists of 1 ICU resident and the ICU on call resident (from a different service).
- 3rd year resident must supervise interns during procedures and answer any questions first before asking the attending as this promotes 3rd year involvement and learning/teaching opportunity for them.
- As with any other service, the nurses are a great resource for learning...treat them with respect at all times. Utilize them, as they are a major source of support and help. But as always, run questions/uncertainties by your 3rd year and attending.
- IF YOU HAVE QUESTIONS OR ARE UNCERTAIN ABOUT ANYTHING IT IS IMPORTANT TO ASK ANYONE FOR HELP!!!!!!!!!!
- See the general guideline regarding procedures. Same apply for ICU.

- Remember these are general guidelines and may be modified/alterd by chief of service, chief of residency, or attendings.
- Do not change ventilator settings. Talk to RT first.
- Respond with ICU Attending, nurse to overhead "**Rapid Response**" Codes.
- Respond to all Code Blue/Yellow calls. During day, encourage intern to intubate, place lines. ICU residents are responsible for maintaining c-spine and managing the airway.
- Keep track of albumin/prealbumin, nutritional status/ feeds of ICU patients.
- TPN (PPN/CPN) orders have to be in before noon.
- ICU step-downs: As a general rule there should be up to 2 step-downs per call team. Step-downs should ideally occur before 5PM. If there are step-downs after 5PM they go to the next days call team. The team should be notified as soon as possible so they are aware they have a patient to round on in the morning. All ICU step-downs should have an accept note by the resident/attending that is accepting the patient. Tuesday step-downs should go to the attending service. Clinicas patients that are step-downed should go to the Clinicas attending. If the Clinicas attending does not feel comfortable taking care of a patient they need to speak with the Medicine attending on call for an attending-to-attending transfer.
- The 3rd year is responsible for updating the ICU Roster/signout list with the help of the intern.
- Every member of the team is expected to be present at 6pm for signout rounds with the night float resident.